

BEAR CREEK CHIROPRACTIC CENTER

Dr. Guy D. Backstrom, D.C.
8105 166th AVE NE #101
Redmond, WA 98052

DATE: _____

PATIENT INFORMATION: (CONFIDENTIAL)

NAME: _____ DATE OF BIRTH: _____

ADDRESS: _____ CITY: _____ ST: _____ ZIP: _____

CELL PHONE #: _____ HOME #: _____

EMAIL ADDRESS: _____

MARITAL STATUS: _____ SOCIAL SECURITY #: _____

OCCUPATION: _____ Employer: _____

How did you hear about us? _____

RESPONSIBLE PARTY: (CHECK ONE)

INSURANCE COMPANY (PLEASE GIVE US CARD TO COPY) _____

NAME OF INSURED IF OTHER THAN SELF: _____

RELATIONSHIP TO PATIENT: _____ DATE OF BIRTH: _____

CASH OR CHECK

AUTO ACCIDENT OR WORK INJURY – DATE OF INJURY _____

IN CASE OF EMERGENCY:

NAME: _____ RELATIONSHIP TO PATIENT: _____

PHONE #: _____

WHO MAY WE THANK FOR REFERRING YOU TO THIS OFFICE? _____

Patient Health Questionnaire - PHQ

ACN Group, Inc. - Form PHQ-202

Patient Name _____

Date _____

1. Describe your symptoms

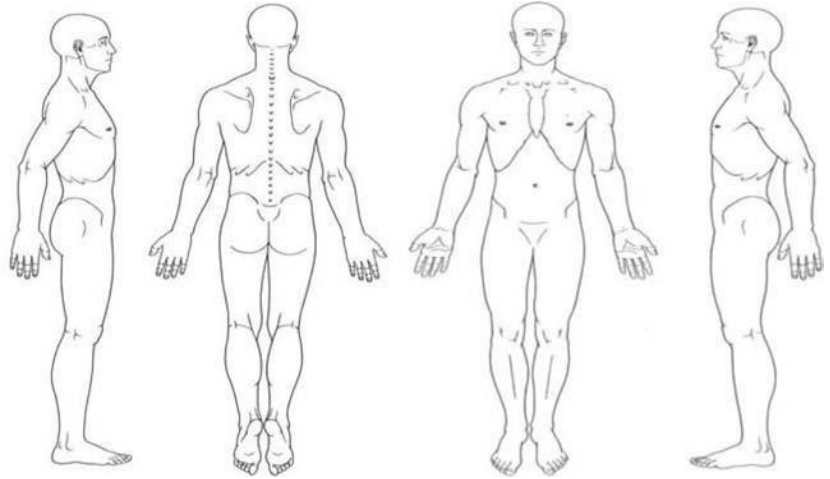
a. When did your symptoms start? _____

b. How did your symptoms begin? _____

2. How often do you experience your symptoms?

- ① Constantly (76-100% of the day)
- ② Frequently (51-75% of the day)
- ③ Occasionally (26-50% of the day)
- ④ Intermittently (0-25% of the day)

Indicate where you have pain or other symptoms



None ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ Unbearable

3. What describes the nature of your symptoms?

- ① Sharp
- ② Dull ache
- ③ Numb
- ④ Shooting
- ⑤ Burning
- ⑥ Tingling

4. How are your symptoms changing?

- ① Getting Better
- ② Not Changing
- ③ Getting Worse

5. During the past 4 weeks:

a. Indicate the average intensity of your symptoms

b. How much has pain interfered with your normal work (including both work outside the home, and housework)

- ① Not at all
- ② A little bit
- ③ Moderately
- ④ Quite a bit
- ⑤ Extremely

6. During the past 4 weeks how much of the time has your condition interfered with your social activities?

(like visiting with friends, relatives, etc)

- ① All of the time
- ② Most of the time
- ③ Some of the time
- ④ A little of the time
- ⑤ None of the time

7. In general would you say your overall health right now is...

- ① Excellent
- ② Very Good
- ③ Good
- ④ Fair
- ⑤ Poor

8. Who have you seen for your symptoms?

- ① No One
- ② Chiropractor
- ③ Medical Doctor
- ④ Physical Therapist
- ⑤ Other

a. What treatment did you receive and when? _____

b. What tests have you had for your symptoms and when were they performed?

- ① Xrays date: _____
- ② MRI date: _____
- ③ CT Scan date: _____
- ④ Other date: _____

9. Have you had similar symptoms in the past?

a. If you have received treatment in the past for the same or similar symptoms, who did you see?

- ① Yes
- ② No
- ① This Office ② Chiropractor
- ③ Medical Doctor
- ④ Physical Therapist
- ⑤ Other
- ① Professional/Executive
- ② White Collar/Secretarial
- ③ Tradesperson
- ④ Laborer
- ⑤ Homemaker
- ⑥ FT Student
- ⑦ Retired
- ⑧ Other

10. What is your occupation?

a. If you are not retired, a homemaker, or a student, what is your current work status?

- ① Full-time
- ② Part-time
- ③ Self-employed
- ④ Unemployed
- ⑤ Off work
- ⑥ Other

Patient Signature _____

Date _____

Patient Health Questionnaire - page 2

ACN Group, Inc PHQ-102

ACN Group, Inc. Use Only rev 3/27/2003

Patient Name _____ Date _____

What type of regular exercise do you perform?

- ①None
- ②Light
- ③Moderate
- ④Strenuous

What is your height and weight?

Height

| | | |
|--|--|--|
| | | |
|--|--|--|

 Weight

| | | |
|--|--|--|
| | | |
|--|--|--|

 lbs.

Feet Inches

For each of the conditions listed below, place a check in the Past column if you have had the condition in the past. If you presently have a condition listed below, place a check in the Present column.

| Past | Present | Past | Present |
|--|--|---|--|
| <input type="radio"/> Headaches | <input type="radio"/> Neck Pain | <input type="radio"/> High Blood Pressure | <input type="radio"/> Diabetes |
| <input type="radio"/> Upper Back Pain | <input type="radio"/> Mid Back Pain | <input type="radio"/> Heart Attack | <input type="radio"/> Excessive Thirst |
| <input type="radio"/> Low Back Pain | <input type="radio"/> Shoulder Pain | <input type="radio"/> Chest Pains | <input type="radio"/> Frequent Urination |
| <input type="radio"/> Elbow/Upper Arm Pain | <input type="radio"/> Hand Pain | <input type="radio"/> Stroke | <input type="radio"/> Smoking/Use Tobacco Products |
| <input type="radio"/> Wrist Pain | <input type="radio"/> Hip/Upper Leg Pain | <input type="radio"/> Angina | <input type="radio"/> Drug/Alcohol Dependence |
| <input type="radio"/> Knee/Lower Leg Pain | <input type="radio"/> Ankle/Foot Pain | <input type="radio"/> Kidney Stones | <input type="radio"/> Allergies |
| <input type="radio"/> Jaw Pain | <input type="radio"/> Joint Swelling/Stiffness | <input type="radio"/> Kidney Disorders | <input type="radio"/> Depression |
| <input type="radio"/> Arthritis | <input type="radio"/> Rheumatoid Arthritis | <input type="radio"/> Bladder Infection | <input type="radio"/> Systemic Lupus |
| <input type="radio"/> General Fatigue Muscular | <input type="radio"/> Incoordination | <input type="radio"/> Painful Urination | <input type="radio"/> Epilepsy |
| <input type="radio"/> Visual Disturbances | <input type="radio"/> Dizziness | <input type="radio"/> Loss of Bladder Control | <input type="radio"/> Dermatitis/Eczema/Rash |
| | | <input type="radio"/> Prostate Problems | <input type="radio"/> HIV/AIDS |
| | | <input type="radio"/> Abnormal Weight Gain/Loss | |
| | | <input type="radio"/> Loss of Appetite | Females Only |
| | | <input type="radio"/> Abdominal Pain | <input type="radio"/> Birth Control Pills |
| | | <input type="radio"/> Ulcer | <input type="radio"/> Hormonal Replacement Pregnancy |
| | | <input type="radio"/> Hepatitis | |
| | | <input type="radio"/> Liver/Gall Bladder Disorder | Other Health Problems/Issues |
| | | <input type="radio"/> Cancer | |
| | | <input type="radio"/> Tumor | |
| | | <input type="radio"/> Asthma | |
| | | <input type="radio"/> Chronic Sinusitis | |

Indicate if an immediate family member has had any of the following:

- Rheumatoid Arthritis
- Heart Problems
- Diabetes
- Cancer
- Lupus
- _____

List all prescription and over-the-counter medications, and nutritional/herbal supplements you are taking:

List all the surgical procedures you have had and times you have been hospitalized:

Patient Signature _____ Date _____

Doctor's Additional Comments

Doctors Signature _____ Date _____

PLEASE CHECK ALL ANSWERS AND FILL IN THE BLANK WHERE APPROPRIATE.

1. Have you been treated for any other health conditions within the last year? _____

2. Please list any previous operations/surgeries. _____

3. Please list any previous trauma or accidents. _____

4. Family Medical History:
Mother: _____
Father: _____
Siblings: _____

I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. I understand that this office will prepare any necessary forms and billings to collect from my insurance carrier as a courtesy. Any amount paid to this office will be credited to my account; however, I fully understand that I am personally responsible for payment. If payment is made directly to me by my insurance, I agree to make equal and immediate payment to this office. I also understand that if I suspend or terminate my treatment, any fees for professional services may become due and payable immediately. A \$5 minimum or 1% per month finance charge may be added to any account over 90 days.

I hereby authorize this office to treat my condition as deemed appropriate through use of spinal adjustments and other chiropractic methods. I understand that any amount paid for x-rays is for examination and that the negative remain the property of this office, although I may request them for review.

In the event of difficulty with my insurance company, I authorize this office to initiate a complaint to the insurance commissioner on my behalf.

Patient's Signature: _____ **Date:** _____

PLEASE SIGN AND RETURN TO THE OFFICE MANAGER

I acknowledge that I am financially responsible for all charges. If it becomes necessary to effect collections of any amount owed on this or subsequent visits, the undersigned agrees to pay for all costs and expenses, including reasonable attorney fees. I hereto authorize the doctor to release information necessary to secure payment of benefits.

Patient's Signature: _____ **Date:** _____

If this appointment is for a minor, parent or guardian signature authorizing treatment:

Signature: _____ **Date:** _____

Witness' signature _____

Acknowledgement of Receipt of Statement of Privacy Notice

Dr. Guy D. Backstrom, D.C.
Bear Creek Chiropractic
8105 166th AVE NE #101
Redmond, WA 98052

I acknowledge that I have received a copy of the Statement of Privacy Practices for the office of Guy D. Backstrom, D.C. The Statement of Privacy Practices describes the types of uses and disclosures of my protected health information that might occur in my treatment, payment for services, or in the performance of office health care operations. The Statement of Privacy Practices also describes my rights and the responsibilities and duties of this office with respect to my protected health information. The Statement of Privacy Practices is also posted in the facility.

Guy D. Backstrom, D.C. reserves the right to change the privacy practices that are described in the Statement of Privacy Practices. If privacy practices change, I will be offered a copy of the revised Statement of Privacy Practices at the time of my first visit after revision become effective. I may also obtain a revised Statement of Privacy Practices by requesting that one be mailed to me.

ADDITIONAL DISCLOSURE AUTHORITY

In addition to the allowable disclosure described in the Statement of Privacy Practices, I hereby specifically authorize disclosure of my protected health care information to the persons indicated below.

| | | |
|-----------------------------------|------------------------------|-----------------------------|
| ANY MEMBER OF MY IMMEDIATE FAMILY | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| SPOUSE ONLY | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| OTHER (SPECIFY) | <input type="checkbox"/> YES | <input type="checkbox"/> NO |

Name of Patient

Signature of Patient

Date

OFFICE USE ONLY BELOW THIS LINE

Record of Acknowledgement not obtained

Provided prior to treatment? YES NO

Date Provided: _____

Reason for Denial:

- Needed more time to Review the Statement of Privacy Practices
- Wanted to consult with another person, before signing.
- Unable to Sign
- Reason not Given
- Other (explain) _____